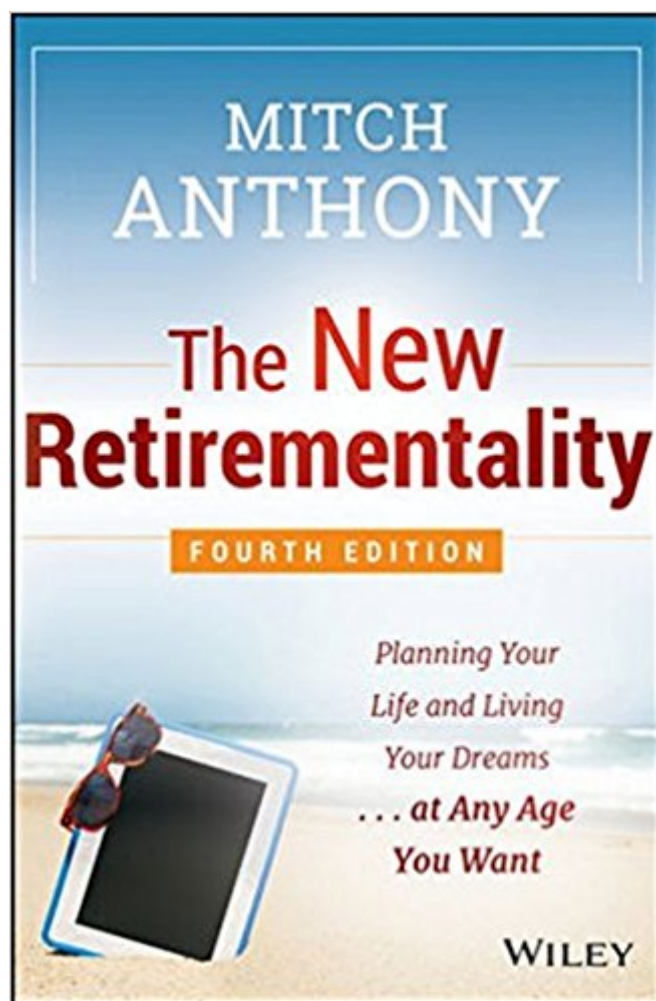


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# The New Retirementality: Planning Your Life And Living Your Dreams...at Any Age You Want



## Synopsis

Stop making a living and start making a life with *The New Retirementality* When Mitch Anthony first presented the concept of a new way of thinking about retirement in 2000, it was novel and many critics didn't buy into it. Originally written to get the attention of baby boomers who were approaching 55, Mitch started a revolution by showing people why they needed to have a new attitude about retirement—a "new retirementality." More than a decade later, most of us are facing a very different retirement reality than previous generations—failing pensions, an endangered social security system, and inadequate savings. We have been forced to face the reality of a retirement that may never happen, or one that will take place much later in life than ever expected.

Circumstances are redefining what it means to retire, and *The New Retirementality, Fourth Edition* is your roadmap. While most books focus on a "number," this reliable resource shows you that attitude is also an essential part of the equation—if you want to succeed you need both means and meaning. Includes new research and studies on the latest retirement realities, as well as introduce readers to Mitch's newest concept, investing toward a greater Return on Life. Discusses what it means to retire on purpose, the expanding role of work in retirement, and how to self-direct your future by becoming your own benefits director. Written by top financial planner Mitch Anthony. Filled with engaging anecdotes and inspirational suggestions, this book will motivate you to rethink the meaning of retirement and put you in a better position to enjoy the new retirementality you deserve.

## Book Information

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## Customer Reviews

Thirty years and 168 hours per week is a long time doing nothing. No one should even think of retiring without reading this book first. Mitch Anthony's point about retiring to something not from

something is spot on. We baby boomers need to realize that we always have and always will have a need for significance. Retirement can be the continuation of that significance if we plan for it. While I may have the means to retire today it will be a while before I have the meaning for it. Read this book before you leap into unknown territory as retirement should not be an exit ramp but rather an entry ramp.

I'm 70 and still working for pleasure. This is the best "retirement book" I've ever read, and I've read a lot. Practical, down to earth. Lots of good references. I liked it so much I bought 5 more for friends.

Get this book at least five years before you plan on "retiring." Spends most of the book on the non-financial aspects of retirement. I give this book to people to help them make the transition from working at a job to living on their retirement savings. As a financial advisor I have seen that those who live a full life after leaving their daily work environment are happy only if they have other interests to give them motivation to get up and get out every day.

I'm a big believer in having a work life balance all through my life and don't expect to ever fully stop working. The New Retirementality assures me that I am not alone in this way of thinking. Once you learn that retirement is an artificial finish line--introduced to solve a century old unemployment problem--you'll start thinking differently about how you'll live out your "Golden Years." Mitch Anthony does a great job of helping the reader understand that there is mental, physical, and financial danger in quitting work "cold turkey" and walks you through practical steps to enjoying a long and enjoyable retirement. If you're 50+ this book is a must read before you make a retirement decision you may regret. For those younger, it will give you pause for thought about how to plan for your retirement.

Great information about the modern retiree. As a senior who is still working, it is good to know the mentality of seniors in the workforce has changed. Many are now having to work longer and are no longer thought of as "out to pasture" so to speak. More companies are recognizing the value of older workers who still have much to contribute to the workforce. This book does a good job of explaining the new mentality of seniors in the workforce and the need of seniors to stay in the workforce past retirement age.

This is very well timed and relevant both for my parents' generation (Babyboomer) as well as all

others. Don't be put on the shelf with the idea of "retiring"... Rather, reinvent and energize your vision of your future, no matter your age. Really was helped by this as a 32 year old State Farm Agent who has only been in business for a couple of years. I've been meeting people's needs as a team member or agent however for the last seven years, and I am passionate about what Mitch says in this book. People don't need to be discouraged from hope when they see their nest egg dwindled or never grown as they had hoped. It's not so much about what people have saved or intend to save so much as their view of what really matters. If people and living well are your priorities, if purpose is more important to you than kicking back and getting bored, you should consider the truths in this book. Here's a story Mitch shares: A fellow was being encouraged to retire by some friends who golfed all the time and then sat around and talked about their golf game. The fellow agreed to check out their life. During his first stay he decided, "These people are bored!" On the second stay, he was convinced, "These people are boring!" Dive into life and make a difference. Enjoy those you love and live life to the fullest. As I've come to say with all my heart after reading several of Mitch's books: "Burn out well! Enjoy the people you love and love them well to the absolute finish line!" Sincerely,-  
Torrey Moe

Mitch Anthony is a very good and knowledgeable writer. Lots of good insights and data, however, some of the content is a little too simplistic. Overall, glad I bought it and it is readable on one long plane ride.

Whether your definition of retirement is traditional or a meaning all your own, Mitch Anthony's insights on preparing for and living in retirement is a worthy read. Way more than the usual book of dreary "how to" steps, Mitch gets to the heart of how to meld quantitative planning with the qualitative issues that actually matter -- relationships, interests, goals, financial peace of mind. It's all here, and it's all highly readable.

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